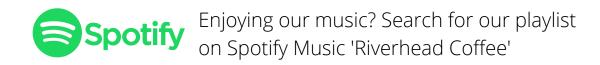
Breakfast & Brunch Served all day

Please order and pay at the counter







SAVOURY

Bacon Ciabatta 5.95

Our soon to be famous bacon sarnie Lightly smoked streaky bacon, grilled until sizzling, served in a warm ciabatta with sliced tomato and your choice of ketchup or brown sauce. goes great with scrambled eggs, mature cheddar, avocado

Scrambled Eggs 5.95

Three local free range eggs softly scrambled and served with toasted brown bloomer. toasted bagel or warm croissant.

goes great with crispy bacon, smoked salmon, avocado, feta

Avocado Toast 5.95 (vg)

Toasted brown bloomer topped with smashed avocado, homemade tomato salsa and rocket

goes great with crispy bacon, smoked salmon, scrambled eggs, feta

BAGELS & TOAST

Cream Cheese Bagel 3.95

Lightly toasted bagel with cream cheese

goes great with crispy bacon, smoked salmon, scrambled eggs, avocado

Peanut Butter & Banana Bagel 4.5 (vg)

Nutella & Banana Bagel 4.5

Freshly Baked Croissant 2.95

served warm with butter & homemade berry compote

Toasted Bagel or Brown Bloomer 2.95 (can be vg)

with butter and homemade berry compote (plant based butter available)

Toasted Teacake 2.95

served with real butter

JUICES, SMOOTHIES & SHOTS

Super Berry Smoothie 4.95 Great Greens Smoothie 4.95 New Recipe Banana Blitz Smoothie 4.45 (oat milk +.5) Beets n Berries Smoothie 4.95 Bring Me Sunshine Smoothie 4.95

Ginger Shot 2.6 *coming soon!* freshly juiced zingy apple & ginger

> Orange Juice 2.95 Apple Juice 2.95

Please speak to one of our friendly team before ordering if you have any allergies or dietary requirements. We have a selection of gluten-free breads available.

OUR SIGNATURE BREAKFAST

Eggs and Feta 6.95

Toasted brown bloomer topped with baby leaf spinach, three local free range eggs softly scrambled, creamy feta and a sprinkling of omega seeds goes great with crispy bacon, smoked salmon, avocado, chicken

SIDES & ADD ONS

Lightly smoked grilled streaky bacon 2.65 Scrambled local free range eggs 2.25 Smoked salmon 3.95 Avocado 2 / Chicken 2 Mature Cheddar Cheese 1.2 / Feta 1 Peanut Butter 1.75 / Nutella 1.75 Greek Yoghurt 1 / Coconut Yoghurt 1.5 Homemade Granola 1.5 / Homemade Fruit Compote 1 Banana 1 / Extra Toast & Butter 1

Homebaked Sausage Roll 2.95 Homemade Vegan Mango Chutney Sausage Roll 2.95

SWEET

Pancake Stacks 4.95 (vg available)

Our bestselling buttermilk pancakes stacked high and drizzled with sweet maple syrup

Gluten-free and vegan options available - please ask! Load them up with as many of your favourite toppings as you dare!

crispy bacon, scrambled eggs, nutella, banana, peanut butter, homemade crunchy granola, homemade berry compote, greek yoghurt, coconut yoghurt,

Gareth's Bowl-a-Granola 5.5

Greek yoghurt topped with homemade crunchy granola, homemade berry compote and sliced banana. Swap to coconut yoghurt +.5

a long-time shop favourite adapted by our friend Gareth

Very Berry Smoothie Bowl 7.5 (vg)

Mixed berries, banana and apple smoothie, topped with sliced kiwi, homemade crunchy granola and mixed omega seeds

Peanut Butter Choco Smoothie Bowl 7.5 (vg)

Peanut butter, banana, chocolate, & oats topped with coconut, chia seeds, dark choc chips and homemade crunchy granola



Filled Croissant and Coffee 4.95*

Choose from our freshly filled home-baked croissants at the counter

filter coffee, long black (americano), latte, cappuccino or hot chocolate

Upgrade to large drink +1 / Eat in or Take Away*

(*20p cup charge applies for take away, or bring your own reusable)