

## Vegan Menu Served all day



Please order and  
pay at the counter

*Coffee, Community, Kindness*

### BREAKFAST

#### Toasted Bagel or Brown Bloomer 2.6

with dairy free butter and homemade berry compote

#### Toasted Bagel with Peanut Butter & Banana 4.5

#### Avocado Toast 5.95

Toasted brown bloomer topped with smashed avocado, homemade tomato salsa and rocket

#### Pancake Stack 4.95

Three 4-inch pancakes stacked and drizzled with sweet maple syrup

**Load them up with your favourite toppings:**

Peanut Butter 1.75

Coconut Yoghurt 1.5

Homemade Crunchy Granola 1.5

Homemade Berry Compote 1

Banana 1

### BREAKFAST BOWLS

#### Vegan Granola Bowl 5.95

Coconut Yoghurt topped with homemade crunchy granola, homemade berry compote and sliced banana

#### Very Berry Smoothie Bowl 7.5

Berries, banana, avocado and apple smoothie topped with sliced kiwi, homemade crunchy granola and mixed omega seeds

#### Peanut Butter Choco Smoothie Bowl 7.5

Banana, peanut butter, chocolate, & oats topped with coconut, chia seeds, dark chocolate chips and homemade crunchy granola

### JUICES, SMOOTHIES & SHOTS

Super Berry Smoothie 4.95

Great Greens Smoothie 4.95

Banana Blitz Smoothie 4.95 (ask for oat or soy milk)

Beets n Berries Smoothie 4.95

Bring Me Sunshine Smoothie 4.95

Ginger Shot 2.6 **coming soon!**  
*freshly juiced zingy apple & ginger*

Orange Juice 2.5

Apple Juice 2.5

### TAKE OUT LUNCH DEAL

#### Sandwich and Drink 5.95

Choose any of our ready-made sandwiches from the counter with a filter coffee, latte, iced latte, cappuccino or tea

Upgrade to large drink +1 / Take Away only

### CAKES & TREATS

See our cake counter for today's range of vegan cakes, all homemade in our bakery (some are also gluten free)

**Take away cake box £9.95 for 4 slices**  
(selected cakes only, please ask our team)

### BAGELS & SANDWICHES

Fabulously filled sandwiches served with our homemade rainbow slaw.

#### Avo & Cheese Bagel 6.95

Vegan cheese, sliced avocado, tomato, rocket and vegan mayo.

*Gluten free bagel available*

#### Vegan Club 6.95

Toasted brown bloomer triple stack filled with beetroot hummus, grated carrot, tomato, cucumber, red onion, roasted sweet potato, beetroot & mint sauce

#### Cheese & Tomato Salsa Ciabatta 6.95

Vegan cheese, homemade salsa, rocket & mayo **try adding avocado**

*Gluten free ciabatta available*

Check out our counter for today's sarnie specials

#### Why not add one of more of the following:

Small portion of our homemade herby potato salad 1.5

Bowl of homemade soup (vg/gf) 2.50

Pack of Lincolnshire made Piper's Crisps 1.25

### HOMEMADE SOUP

#### Homemade Soup of the Day (vg) 5.5

served with brown bread and butter

#### Add soup to your sandwich or salad 2.50

### SUPER SALADS

#### Falafel & Hummus Rainbow Salad 6.95

Lightly spiced falafel balls with homemade beetroot hummus, grated carrot, cucumber, baby gem lettuce, sweet chilli and seeds

#### Homemade Herby Potato Salad (vg) 2.95

Baby potatoes dressed in a zingy lemon-mayo with parsley and mint

#### Homemade Rainbow Slaw (vg) 2.95

Red cabbage, red onion and carrot in a light mayo dressing

### SIDES & ADD ONS

Avocado 2

Falafel (x3) 1.5

Vegan Cheese 1.5

Vegan Sausage Roll 2.95

Homemade Herby Potato Salad 2.95

Crunchy Rainbow Slaw 2.95

*Please speak to one of our friendly team before ordering if you have any allergies or dietary requirements*